



THE 4v2 GAME (PASSING)

- 4 (orange) attackers and 2 (green) defenders in area A
- 3 (orange) attackers and 2 (green) defenders in area B
- Attackers (area A) start with the ball and attempt to make passes while the defenders try to intercept the ball
- After 3 passes the (orange) player in possession is allowed to play the ball across into area B and makes up a new 4 v 2
- The (orange) attackers get a point for every 3 passes, the (green) defenders get a point every time they intercept the ball

Teaching points

- Keep the ball moving
- 1 touch where possible
- Take the opportunity to run with the ball as soon as it is available

To make easier

- Play 5 v 2
- Use a bigger grid

To make harder

- Use a smaller grid
- Attackers have to play on 1st / 2nd touch



LEARNING