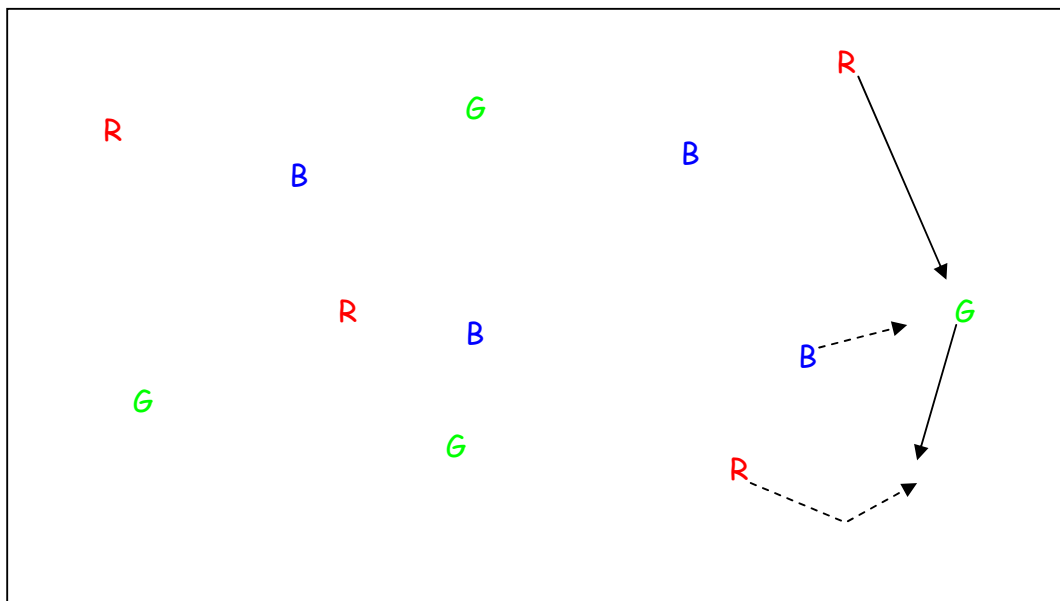


Donated By DURHAM COUNTY COACHES ASSOCIATION

Name of Coach:	Andy Brown
Topic of Session:	Awareness 3 team possession game



ORGANISATION:

- Pitch set up as above - 30 x 40 yards
- Normal F.A. rules apply.
- Blue Team
- Red Team
- Green Team

START:

- Any 2 of the 3 teams work together to keep possession with the other team defending as above G & R which ever of the 2 teams gives possession away becomes the defending team e.g. B intercept a R pass R's become the defenders

COACHING POINTS:

1. Create Space (passing options)
2. Decision (best option)
3. Quality of passes (Type, Weight)
4. 1st touch (into space, open body)

VARIATIONS:

1. 2 teams in possession for 2 minutes with a condition on each e.g. G's must take 2 touches & R's on 1 touch While B's defend after 2 minutes change the defending team and the condition.

- Tip: Keep a check on which team is defending - maintain control of the group