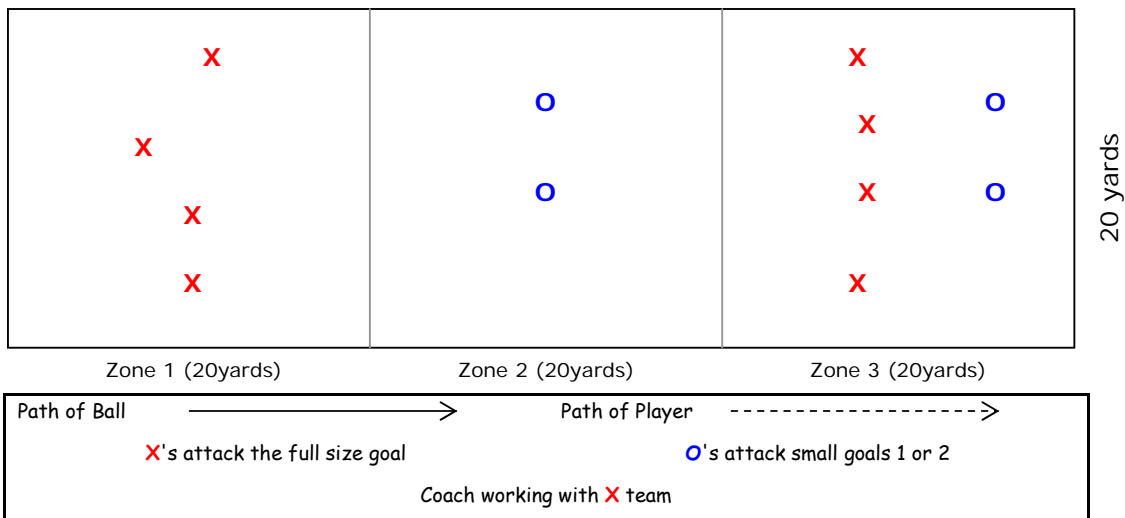


## Donated by DURHAM COUNTY FOOTBALL DEVELOPMENT SCHEME

<b>Name of Coach:</b>	Paul Harrison
<b>Topic of Session:</b>	Skilled Practice

### ORGANISATION:

- Pitch set up as below -
- Normal F.A. rules apply.
- 
- **8 X** team
- **4 O** team



### STARTING THE PRACTICE:

1. **X** in zone 1 play to **X** in zone 3. They select time and best option. Introduce ball over top. Once ball is played into zone 3, **O** in zone 2 move to defend in zone 3
2. **O** in zone 1 move into zone 2
3. 1 point for each complete pass there and back & 1 point for each interception

### COACHING POINTS:

1. Selection of pass
2. Longer pass, quality of pass
3. Switch Play
4. Driven pass

### VARIOUS CONDITIONS:

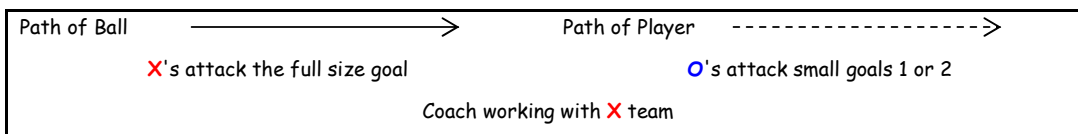
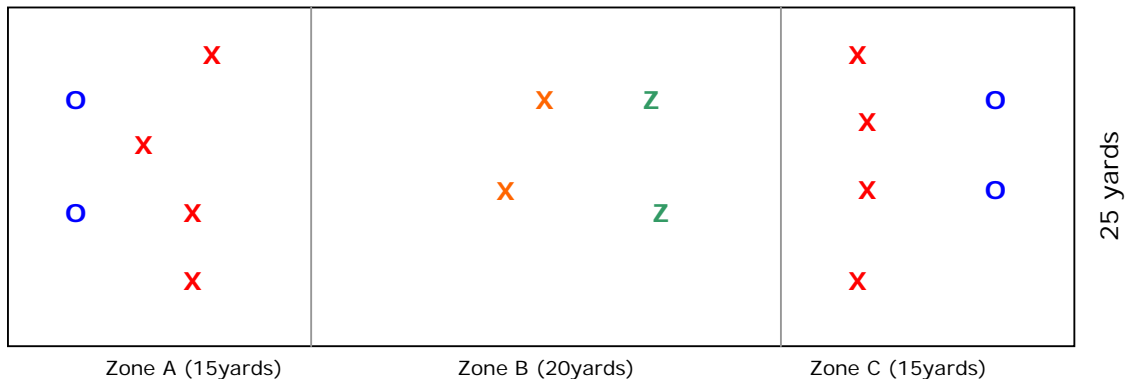
1. 4 touch maximum
2. 1 player 2 touch

## DURHAM COUNTY FOOTBALL DEVELOPMENT SCHEME

<b>Name of Coach:</b>	Paul Harrison
<b>Topic of Session:</b>	

**ORGANISATION:**

- Pitch set up as below -
- Normal F.A. rules apply.
- 
- **8 X** team
- **4 O** team



**STARTING THE PRACTICE:**

1. Play into end zones with midfield being defence
  2. Introduce ball into midfield
- Midfield in zone B - 2 X play with attackers in zone A  
 - 2 Z play with attackers in zone C

**COACHING POINTS:**

1. Selection of pass
2. Longer pass, quality of pass
3. Switch Play
4. Driven pass

**VARIOUS CONDITIONS:**

1. 4 touch maximum
2. 1 player 2 touch